

Report To:	Governing Body Meetings in Common
Report Title:	Public Health Update
Report From:	Rachel Robinson, Associate Director of Public Health
Date:	12 th July 2018
Previously Considered by:	Executive Group

Action Required (<i>delete as appropriate</i>)							
Decision:		Assurance:		Information:	✓	Confidential	

Purpose of the Report:
To update the Governing Bodies on the Core Offer work programme from Public Health Warwickshire with Warwickshire North CCG and Coventry and Rugby CCG.
Key Points:
The report includes updates on the following areas for information: <ul style="list-style-type: none"> • Fitter Futures Consultation • Support for Warwickshire's unpaid Carers • Online Survey – Have your say on Warwickshire's health and wellbeing needs • NHS Diabetes Prevention Programme • New Suicide Bereavement Support Service launch • Rugby Health and Wellbeing Partnership • Warwickshire North Health and Wellbeing Partnership • Drug and Alcohol Service
Recommendation:
The Governing Body is requested to NOTE this report.

Implications							
Objective(s) / Plans supported by this report:	Business Plan 2015/16 Refresh and Forward View to 2020						
Conflicts of Interest:	Not applicable						
Financial:	Non-Recurrent Expenditure:	Not applicable					
	Recurrent Expenditure:	Not applicable					
	Is this expenditure included within the CCG's Financial Plan? (<i>Delete as appropriate</i>)	Yes		No		N/A	✓
Performance:	Not applicable						
Quality and Safety:	Not applicable						
Equality and Diversity:	General Statement: The CCG is committed to fulfil its obligations under the Equality Act 2010, and to ensure services commissioned by the CCG are non-discriminatory						

	on the grounds of any protected characteristics. Policies/decisions may need to be adjusted in line with any equality analysis or due regard. Any decision that is finalised without being influenced by appropriate due regard could be deemed unlawful.						
	Has an equality impact assessment been undertaken? <i>(Delete as appropriate)</i>	Yes (attached)		No		N/A	✓
Patient and Public Engagement:	Not applicable						
Clinical Engagement:	Not applicable						
Risk and Assurance:	Not applicable						

Public Health Update July 2018



Fitter Futures Consultation - Have your say! - Closes 6th July

Have your say on supporting people of all ages to lead a healthier lifestyle with Fitter Futures Warwickshire, Warwickshire County Council's Public Health team is

running a consultation for Fitter Futures Warwickshire from May to July 2018.

The aim of the services is to support the population of Warwickshire to improve their health through maintaining a healthy weight, eating healthily, becoming physically more active and having a healthier lifestyle.

The services offer families, children, and adults of all ages a choice of evidence based opportunities which provide weight management and/or physical activity support.

The consultation provides an opportunity to share your views and experiences of the Fitter Futures Warwickshire service and comment on possible future provision. The findings will be used to shape the new service which will be implemented in 2020.



If you provide regular help for someone who could not cope without you then you are a carer.

Support is available for Warwickshire's unpaid carers

Carers week was an opportunity for staff to raise awareness of the different services on offer in Warwickshire to help make carers' lives a little bit easier.

A carer is anyone who regularly provides unpaid help to someone who could not cope without them. Unfortunately many people do not realise that they are carers, while many who do realise are unaware that there is support available for them.

You don't need to do it alone.

Find out about support in Warwickshire.
warwickshire.gov.uk/carers



With approximately 11% of Warwickshire's adult population providing some sort of unpaid care every week, and the value of this contribution estimated to be between £575 million and £1.24bn per year, it is vital that we ensure carers can access the support they need to retain their own independence and wellbeing.



Have your say on Warwickshire's health and wellbeing needs

A survey has launched to find out more about the unique health and wellbeing needs of Warwickshire's various local communities.

WCC and its partners recognise that the needs of different communities throughout the county will differ greatly depending on a range of factors such as population demographics, infrastructure, community safety and many more.

As part of a larger project to gain more insight into life in Warwickshire's communities, [a survey has opened](#) for staff and partners to let the county council know what, in their opinion, the current health and wellbeing needs of areas they are familiar with are and any ideas they have for improvement.

The responses to this survey will form part of the 2018-2020 Joint Strategic Needs Assessment (JSNA) and will help inform service delivery and development.

The JSNA is a review undertaken every few years by partners including WCC, Warwickshire Health & Wellbeing Board, the five District and Borough councils, local Clinical Commissioning Groups, third sector organisations and council-commissioned services. Working with partners to look at the current offer for different Warwickshire areas will help to reduce duplication and strengthen the evaluation of initiatives through use of a common evidence base.

The JSNA is a really useful tool which is accessed both by teams within WCC and other stakeholders to inform commissioning decisions and promote innovation and a solution-focused approach, ensuring services are well-placed to help the people who need them most.

Data from the JSNA can also be used by a range of agencies across sectors to support specific activity such as funding bids and tender applications.

The survey will close on Sunday 15 July and takes about ten minutes to complete. To have your say, go to <http://bit.ly/JSNAProfessionals>

Please note, if you are a resident of Warwickshire and wish to comment from that perspective, please use <http://bit.ly/JSNAResidents>

For more information contact: insight@warwickshire.gov.uk

HEALTHIER YOU

NHS DIABETES PREVENTION PROGRAMME

The Service

The NHS Diabetes Prevention Programme is open to adults aged 18+ with **non-diabetic hyperglycemia** - HbA1c 42-47 mmol/mol. However, due to the limited Initial Assessment places available and implementation funding, referrals will initially be prioritised for those in the upper end of this range - HbA1c 45-47 mmol/mol.

Those patients identified opportunistically should be referred using the referral form (sample attached). These will be uploaded onto EMIS and VISION for you to access. Please note that although the referral form criteria is HbA1c 42-47 mmol/mol only those patients with **non-diabetic hyperglycemia** - HbA1c 45-47 mmol/mol should be referred onto the programme at this stage. Depending on uptake this may be broadened out later in the year.

Commissioning

18 practices across Coventry & Warwickshire have been identified as trailblazers from May 2018 who we are inviting to participate in the initial phase of the NHS Diabetes Prevention Programme before it is rolled out across the STP. As one of our Trailblazer practices you will have the opportunity to refer pre-diabetic patients to a structured programme where participants learn how to prevent diabetes by incorporating healthier eating, physical activity, problem-solving, stress-reduction and coping skills into their daily lives.

During the first year 2018/19, retrospective case-finding will be used in addition to opportunistic referrals to invite eligible patients with HbA1c 45-47 mmol/mol already identified on practice lists. Patients within your practice who meet this criteria should be sent a letter inviting them to participate in the Diabetes Prevention Programme along with the patient information sheet (a template of the letter is attached).

All patients referred to the programme should be given a patient information sheet (copy enclosed). These will be sent to you via the CCG.

We have agreed with the LMC that a payment of £3 per letter will be paid to the practice for retrospective patients and an admin fee of £56 per year for recording patient referrals.

Contact:

Naomi Jones from ICS 'Healthier You'

Healthier You Service Manager, Tel: 07442011444, Naomi.Jones@icshealth.co.uk



New Suicide Bereavement Support Service Launch

The Kaleidoscope Plus Group are facilitating a Suicide Bereavement Support Service, across the whole county of Warwickshire. The service has been funded by Warwickshire County Council through the Public Health and Strategic Commissioning team.

The service provides a safe space for people who have been bereaved by suicide to come together and talk openly about their experience. The groups are facilitated by trained professionals who bring with them the skills and knowledge around coping with grief, loss and bereavement.


Thursday 24th May
3pm-6pm
The CHESS Centre
460 Cedar Road,
Nuneaton,
CV10 9DN
For more information, call us on
0121 565 5605


YOU are invited to the launch of the brand new:

'Suicide Bereavement Support Service'

The Kaleidoscope Plus Group are facilitating a **Suicide Bereavement Support Service**, across the whole county of **Warwickshire**. The service has been funded by Warwickshire County Council through the Public Health and Strategic Commissioning team.

The service provides a **safe space for people who have been bereaved by suicide** to come together and **talk openly about their experience**.

The groups are facilitated by trained professionals who bring with them the **skills and knowledge around coping with grief, loss and bereavement**.

Nuneaton and Bedworth is the first district for the service launch and will be replicated throughout the county.

Please come and drop in to **meet us, find out more** about this brand new service and **indulge in afternoon tea and light refreshments**.



Rugby Health and Wellbeing Partnership

A development event took place in June to explore the local appetite for expanding the Rugby Health and Wellbeing Partnership to include care providers. The event was looking if we can evolve our local established partnership to integrate our working more closely with our providers and other local partners to deliver improved Health and Wellbeing for Rugby's population.

Also to consider if, or how, this might form one element in the evolution of a future integrated care system for Coventry and Warwickshire. The event was facilitated by John Bewick. At the meeting partners agreed to review the membership and some core areas of work for the local partnership moving forward. The next meeting will be in September.

Warwickshire North Health and Wellbeing Partnership

Following the development event in April to expand the Warwickshire North Partnership, the wider group met for the first time in June. The **meeting** heard a presentation on the suicide prevention programme, the JSNA and End of Life Care.

Drug and Alcohol Service

The contracts for the newly designed and re-commissioned Drug and Alcohol Services started on 1st May 2018. The new Countywide services include:

- Adults (includes needle exchange)– *Change Grow Live*
- Recovery and Well Being – *Change Grow Live*
- Children and Young People – *COMPASS are retained*
- New Residential Rehabilitation Facility - *ESH Works (Experience, Strength, Hope)*
- Inpatient Detox Supplier Framework. (*Warks*) CC
- Residential Rehabilitation Supplier Framework. (*Cov/Warks/Leics*) CC
- Prescribing with *Pharmoutcomes* – Supervised consumption

Adults: Change Grow Live are the new provider for both the Adult substance misuse services and the Recovery and Wellbeing Service.



The Service

A recovery-focused service with a full range of treatments and interventions designed to support people to take control of their recovery journey and achieve their recovery goals. Services will include harm reduction, opiate replacement prescribing, residential and community detoxes, counselling, emotional support and supported access to mutual aid. Support in accessing training, employment and housing will also be available.

Contact:

CGL can be contacted on the single point of contact number **01926 353513** or queries can be addressed to warwickshire.info@cgl.org.uk and www.changegrowlive.org.



Children and Young People:

The service remains with the current provider COMPASS

Contact: 01788 578227

www.compass-uk.org/compass-warwickshire



Residential Rehabilitation:

ESH Works, (Experience Strength Hope) have newly opened a residential rehabilitation service with practical support and guidance for people in their recovery journey.

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The Service

Warwickshire's first drug and alcohol community rehabilitation centre in Warwickshire is open for business thanks to funding from Public Health England (PHE), ESH works and Public Health. The 11 bed facility, situated just outside Southam, in South Warwickshire is CQC registered with 24/7 on site support and is operated and managed by professional staff who all have their own personal experience of addiction and recovery. The property is set in 4 acres of grounds located in the beautiful Warwickshire countryside, located away from everyday distractions it provides a safe and supportive environment for residents.

Contact: 01926 889 356

www.eshworks.org

We will be holding two launch events on 28th June and 5th July 2018 in the North and the South of the County to introduce the new services and gain stakeholder contributions to the Drug and Alcohol Action plan.

Contact: katewoolley@warwickshire.gov.uk

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