

Trigger Finger Release Surgery

VERSION CONTROL

Version:	4.0
Ratified by:	Governing Body Meetings in Common
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Name of originator/author:	Joint CCG Clinical Commissioning Policy Development Group/NHS England
Name of responsible committees:	Clinical Quality and Governance Committee
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VERSION HISTORY

Date	Version	Comment / Update
April 2009	1.0	Previous PCT policy
June 2013	2.0	Version to Governing Body – approved on 12 June 2013
September 2016	3.0	Approved by Governing Body
March 2019	4.0	Approved by Governing Body meetings in common

Commissioning policy: Warwickshire North CCG (WNCCG)

Evidence-Based Intervention Commissioning policy:

Trigger Finger Release surgery

Treatment	Trigger Finger Release surgery
Indication	Trigger finger
Treatment:	<p>Mild cases which cause no loss of function require no treatment or avoidance of activities which precipitate triggering and may resolve spontaneously.</p> <p>Cases interfering with activities or causing pain should first be treated with:</p> <ol style="list-style-type: none"> a. one or two steroid injections which are typically successful (strong evidence), but the problem may recur, especially in diabetics; <p>OR</p> <ol style="list-style-type: none"> b. splinting of the affected finger for 3-12 weeks (weak evidence). <p>Surgery will be funded if:</p> <ol style="list-style-type: none"> a. the triggering persists or recurs after one of the above measures (particularly steroid injections); <p>OR</p> <ol style="list-style-type: none"> b. the finger is permanently locked in the palm; <p>OR</p> <ol style="list-style-type: none"> c. the patient has previously had 2 other trigger digits unsuccessfully treated with appropriate non-operative methods; <p>OR</p> <ol style="list-style-type: none"> d. diabetics. <p>Surgery is usually effective and requires a small skin incision in the palm, but can be done with a needle through a puncture wound (percutaneous release).</p> <p>Prior approval from the Clinical Commissioning Group will be required before any treatment proceeds in secondary care.</p>
Diagnostic and Procedure Codes	T723, T691, T692, T698, T699, T701, T702, T718, T719, T723, T728, T729, Z894, Z895, Z896, Z897
Equality Impact	See NHS England Equality and Health Inequalities – Full Analysis Form